

TESTIMONIAL

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It was a delight to read this chapter on sex and morality. The author sheds light on a universal topic of debate and assists the reader to evolve in their open-mindedness. More specifically, each person who reads it will realize their own conceptions about sex and morality may need to be redefined. Why? Because we learn here about how morality has been shaped throughout the ages and how we each need to question our assumptions and the dictates we have learned, rather seeking wisdom from our own conscience.

SAMUEL A. BEATSON. PHD CANDIDATE

The University of Hong Kong (Visiting Scholar) from the
University of Nottingham. Dated 2nd September 2013

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he word sex is a taboo in the minds of many from older generation. The author has given full respectability and dealt with the topic of Sex and Prana with care and intellectual honesty. He has demonstrated the depth of his knowledge of scriptures and skills of thorough research into medical science. He has well expounded the topic of Tantric Yoga and raising the Kundalini to higher level of awareness.

Readers will enjoy and benefit from this excellent and concise chapter of Sex and Prana.

N. G. LAHORI

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The topic of sex and orgasm is one for the brave and forthright. Cultural, familial, societal, moral and religious influences affect each of us individually and differently, yet what remains is that we all carry our own conditioning and baggage in the area of sex. Our current humanity is starting on the exhilarating and urgent journey of releasing itself from the inherited dysfunction and suppression that have inhibited the natural, free flow of our sexual energies for far too long now. Using a well balanced, grounded and factual approach, the author recognizes that a deep and experiential understanding of sex and orgasm holds the key to individual freedom and ultimately our spiritual enlightenment. I commend this work, the deep courage it takes to write on this subject, and the thoroughly researched and assimilated knowledge that has been provided. This subject is of pivotal importance to our evolution into a conscious and healthy humanity.

SUSHMA Z. GIDWANI

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Dear Dadu:

I have looked to the contents of your book on Sex and Spirituality and it looks amazingly complete. I think you are looking at it facet by facet like a jeweller examining a diamond and with your final words putting it together so that each ray of light reflecting through the stone is traced back to its root. This wonderful art that you have is like in Zen Buddhism when something is taken apart strand by strand and then put together to see the complete whole (a great book on this is a strangely titled book by Robert Pirsig called 'Zen And the Art of Motorcycle Maintenance')

You must get a good publisher for this. There are many available if you were to Google 'Self Publishing' you would probably get hundreds but I would be more inclined to go with Amazon (<http://www.amazon.com/gp/seller-account/mm-summary-page.html?topic=200260520>) only because they have more experience and I think would be able to guide you better in the promoting of this deeply researched book. You would need to check around on this to see gives you the best terms but since Amazon has an incredible mailing list well segmented they probably would be able to send emails to people who have expressed interest in Spirituality and Sex and you would have the rightly targeted audience. You will surely also be able to arrange with them to have the first chapter available for reading free on Kindle so that people get some flavour of the book.

You may want to get it published by Oxford University Press which is prestigious publishing house but by the nature of being a University publisher you may limit the sales of the book. I know your primary interest is in educating the public more that the financial rewards but this is a book that should be read widely especially since we are conditioned by Christianity and many other religions to view sex as a necessary evil rather than a spiritual release. I think the centuries of conditioning have made people confuse the flower with the fertilizer! Your subconscious must be working on a wonderful title for this work. It will come to you shortly and it will be a powerful.

Affectionately,

Dadu, you have written a scholarly book and I think the beauty is how it all comes together. Man lives on a low level of consciousness and it is a fairly brutish life. Casting off the yoke only happens through breaking out of one's ego and being united with the Primal force which is love. The closest an unenlightened person can come to this is through sex for in this brief moment of ecstasy the self is forgotten and there is a complete merging. In the end one moves beyond sex which is the briefest sensation of enlightenment to true enlightenment which is a state of ecstasy. That is when being and not being are the same. That is when it is not a brief moment of love but the all-encompassing web of the Primal force in which one is the feeler and the feeling. All distinctions fade away between the observed and the observer and between love and the lover.

Warmly,

CHANDRU MAHTANI

CEO of Campus Camel of Dubai: PHD in Literature